

**City of Coolidge
Parks and Recreation
Co-Ed Power Volleyball League
Rules and Regulations**

1. Games will begin at the scheduled start time. A game may only begin early if both teams are present and agree to start early.
2. You may have as many as two (2) more men than women on the court at one time. If you have two (2) women, you may play with four (4) men. If you have one (1) woman you may have only three (3) men. You must have four (4) players to start a match.
3. Procedures for late arrival:
 - 5 minutes late, lose game 1
 - 10 minutes late, lose games 1 & 2
 - 15 minutes late, forfeit match
4. Every match will consist of three (3) games played to 15. The games will be scored with rally points.
5. All players must be on your roster and play at least four (4) scheduled matches (two (2) weeks of play) to be eligible for the end of season tournament.
6. This is a Co-Ed Power League men can hit.