

Office of the Mayor

# Proclamation

## “Massage Therapists Recognition Week”

**WHEREAS**, massage therapy is beneficial to overall health, and is increasingly part of integrated health care; and

**WHEREAS**, consumers are spending \$8 to \$12 million annually on massage therapy ; and

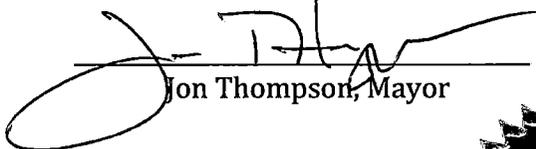
**WHEREAS**, therapeutic massage can help people of all ages; and

**WHEREAS**, a growing body of clinical research shows that massage therapy is beneficial for a wide variety of health issues, including stress, high blood pressure, fibromyalgia, arthritis, back pain, muscle injury and soreness, headaches, and just maintaining good health; and

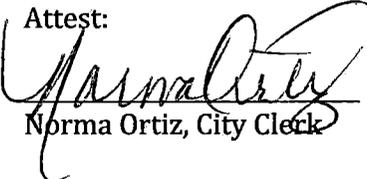
**WHEREAS**, the American Massage Therapy Association (AMTA) a professional association for massage therapists, provides consumer and professional education information on massage and helps consumers and health professionals locate qualified massage therapists in their area;

**NOW, THEREFORE**, I, Jon Thompson, Mayor of the City of Coolidge, Arizona, do hereby proclaim October 25<sup>th</sup> through October 31<sup>st</sup>, 2015, as National Massage Therapy Awareness Week in the City of Coolidge, Arizona, and call upon the citizens of Coolidge to support the commitment of Central Arizona Valley Institutional Technology (CAVIT) in its efforts to provide and encourage students in our community to pursue health care careers.

Dated this 12<sup>th</sup> day of October, 2015

  
Jon Thompson, Mayor

Attest:

  
Norma Ortiz, City Clerk

